



Integral University, Lucknow

<b>Effective from Session:2023-24</b>							
<b>Course Code</b>	<b>DHS405</b>	<b>Title of the Course</b>	<b>Project World/Field Work/Internship</b>	<b>L</b>	<b>T</b>	<b>P</b>	<b>C</b>
<b>Year</b>	<b>I</b>	<b>Semester</b>	<b>I</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>8</b>
<b>Pre-Requisite</b>	<b>Graduation</b>	<b>Co-requisite</b>	<b>None</b>				
<b>Course Objectives</b>	This course will help students to provide supervision to mental health professionals and equip them to learn specific interventions to provide better guidance and counseling.						

<b>Course Outcomes</b>
To enable and train students to enhance professional skills to practice and maintain mental health.

<b>Unit No.</b>	<b>Content of Unit</b>	<b>Contact Hrs.</b>
1	The Internship aims to help students develop their professional, intellectual, and personal abilities. Every student of PGDGC acquires hands-on experience under the supervision of a professionally qualified therapist/counselor during the program's internship component.	15

<b>Reference Books:</b>
K.K Srivastav (2003) Principles of guidance and counseling
Theodore P. Remley, Jr Ethical, Legal, and Professional Issues in Counseling SIXTH EDITION. University of Holy Cross Barbara Herlihy University of Texas at San Antoni ISBN 10: 0-13-518381-2 ISBN 13: 978-0-13-518381-6
Kinra, Asha, K (2008) Guidance and Counseling
<b>e-Learning Source:</b>
• Egyankosh, NCERT, ePathshala, <a href="https://prasadpsycho.com/product">https://prasadpsycho.com/product</a>

<b>Name &amp; Sign of Program Coordinator</b>	<b>Sign &amp; Seal of HoD</b>
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